



Protein Shakes & Smoothies

Small \$5.75

Large \$6.50

Peanut Butter Cup

Skim milk or soy milk, chocolate protein powder, peanut butter, ice

Chocolate Banana

Skim milk or soy milk, chocolate protein powder, banana, ice

Strawberry Banana

Skim or soy milk, vanilla protein powder, strawberry, banana, ice

Orange Swirl

Skim milk or soy milk vanilla protein powder, orange juice, ice

Granola

Skim milk or soy milk, chocolate protein powder, peanut butter, granola, banana, ice

Sunrise

Pineapple, peaches, orange juice, vanilla frozen yogurt

Beach Day

Strawberries, banana, orange juice, vanilla frozen yogurt

Blueberry Pie

Blueberries, peaches, apple juice, vanilla frozen yogurt

Tropical Paradise

Pineapple, mango, banana, pineapple and orange juice, vanilla frozen yogurt

Very Berry

Mixed berries, cranberry juice, vanilla frozen yogurt

Add a Scoop of Protein to any drink \$2.00

Add extra fruit to any Shake or Smoothie \$2.50

Soft Serve Frozen Yogurt

Small \$1.75

Large \$2.75

Add sprinkles \$.25



CAFE MENU

Take-out Available

1 Highlander Way
Manchester, NH 03103

603.668.4753

www.EHSC.com

CAFE AT THE OASIS 