

Swazey Pool / University of New Hampshire Durham, NH

From Manchester take Route 101 E to EXIT 7 (Route 125 toward EPPING / KINGSTON). Turn left at the bottom of the ramp (North on 125). After approximately 4 miles, turn RIGHT onto LEE HILL RD / NH-155 at flashing yellow light. Continue to follow NH-155 for about 5 miles. Turn slight right onto MAST RD / NH-155. Continue to follow MAST RD for 2 more miles. Turn RIGHT onto MAIN ST. Pool and field house will be ahead on your right. Parking is across the street to the LEFT; pedestrians cross to the pool/field house by way of a tunnel underneath Main Street.